

Best Practice- I

1. Title of the Practice: Women Centric Programme

2. Objectives of the Practice

- a) To create awareness about rights of women among the girl students.
- b) To develop career related aptitude among the girl students.
- c) To understand the problems of girl students
- d) To give information about career opportunity in future.
- e) To motivate girl students to achieve their goals
- f) To offer health and safety guidance.
- g) To increase awareness among girl students about self-employment.
- h) To create opportunities for girl students to participate actively in curricular and co-curricular extra activities

3. The Context

There are 61% girls students in the college. They came from hilly and rural area. They have less career related guidance and information. They haven't legal knowledge about the rights of women. They are unaware about various skills specially career oriented skills. They are not conscious about career opportunities. Therefore, the IQAC of the college suggested to organize various activities about women empowerment. Majority of them came from rural background. Inequality and women harassment are the social stigmas; the Women Development Committee has taken keen interest to protect the rights of girl student by organizing distinctive value added programmes. "If you educate a boy you educate an individual, if you educate a girl, you educate a whole family". In this context the committee has designed several women empowerment programmes to educate the girl students.

4. The Practice

In spite of Liberalization, Privatization, Globalization, Computerization and Digitalization, Discrimination against women is a reality. India still has a long way to achieve the fullest potentials of women growth and development referred to as empowerment. The majority of our students belong to hilly inaccessible area, the weaker sectors, and other backward classes without proper access to higher education.

The college organized various activities like guest lectures on rights of women, self-defense training, Women Protection Laws, Domestic Violence and related laws to Women issues and prohibitive acts, Women health issues and necessary precautions and health check-up camps, Karate and Taekwondo demonstration for self-protection. Committee organized lecture on guidance and counseling on prevention of sexual Harassment. These activities guide and help girls to maintain their health and to protect themselves. National agenda of India's higher education is to save a girl child. Therefore it has been transferred into, "Beti Bacchao, Beti Padhao and Aage Badhao". To accomplish the national agenda our institution had conducted the gender equity sensitization programme on Celebration of International Women's Day on 9th March 2023. Skill Enhancement Programme for Pre-Primary Teachers organized on 21st March, 2023. Vinda Karndikar's Poetry Presentation is organized on 29th March, 2023. Distribution of Sanitary Pads on 21st October, 2022 In this way in the college women centric programs are conducted . The college has

organized several productive programs so far extensively under Women Development Committee, ICC, and NSS for the overall development. Medical camp for girls related to health issues was organized by the college and doctors. Programs related to sanitization and personal hygiene also run regularly. Yoga and meditation activities for mental health and fitness were organized. The girl students were participated in co-curricular activities like: debates, sessions and discussions with NGO's, police officials to acquaint the students on human rights, Other major activities are like local visits to industries and workshop on personality development.

5. Evidence of success:

The success is evident in the high pass percentage of students of the college. The students of the college participate and win prizes in the zonal/Inter- Zonal, State, National level competitions in sports. The list of successful college alumni is everlasting. They belong to every field, be it education, administration, Film Industry, defence, social services or entrepreneurship. The college conducts various program under the Women Empowerment. These activities help them to gain self-confidence and to build up their personalities. The resource persons from various fields have cleared the concept of Women Empowerment. Parent and teachers came together for the self-dignity and safety of the girls.

Achievement of our girl students are as follows:

6. Problems Encountered and Resources Required

Our institution has been situated at the rural hilly inaccessible area. In spite of the scientific development and invention, novel aspirants who have been socially committed and academically sound not met easily by the institution. Therefore it is strenuous to seek and invite to address such issues and challenges neatly. It means that while practicing the college had faced the problems regarding the resource persons and finance. In our college newly admitted students are from the diverse sections of society. Therefore, they wouldn't get mingled with the college campus. To overcome their strangeness our College has been chaired by the female faculty. As a result, girl students interact with them in all respects. In order to address the cross cutting issues of the society like gender, the said platform becomes successful in some extent. At the best our institution tries to aid the Committee resourcefully and financially. As per the guidelines of the gender audit the college has provision of gender budget of rupees 10,000/- annually.